



Guyana Medical Relief is a non-profit organization that raises funds to provide or sponsor shipment of urgently needed medical supplies, equipment and services for hospitals in Guyana, South America.

HOW CAN I TAKE PART?

1. **PAY** the registration fee and join the WALK.
2. **BE SPONSORED:** Set yourself a goal & ask your friends, family & co-workers to assist you by making a donation.
3. **JOIN A TEAM:** Put together a group of 5 or more persons, join the WALK, and compete for prizes for

MOST SPIRIT OR SPONSORSHIPS

BRING your sponsorship monies and register on Saturday, May 4th 2019

CHECKS MADE PAYABLE TO

Guyana Medical Relief

WAIVER:

I hereby waive all claims against Guyana Medical Relief, for any injury I might suffer in this event.

Walker's _____ Signature: _____

DATE: _____

GENERAL INFORMATION

SATURDAY MAY 4TH 2019

MEET AT: PARKING LOT B

ROSEBOWL STADIUM

920 Rosemont Avenue

Pasadena, CA 91103



LOOK FOR THE GREEN & WHITE BALLOONS

**REGISTRATION \$25
INCLUDES BAKES AND SALTFISH**

BEGINS AT: 7:00 a.m.

Join the Warm-Up Exercises

WALK BEGINS PROMPTLY AT 8:00 a.m.

Presentation of Prizes and Certificates at 10:30 a.m.

Bring your picnic basket and join in the fun and entertainment

Enjoy other food items

FOR MORE INFORMATION CALL:

Drew: 626-773-6895

Alexis: 626-447-3018

**GUYANA
MEDICAL RELIEF**



WALK

FOR

HEALTH

5K



SATURDAY, MAY 4TH, 2019

AT

PARKING LOT B

ROSEBOWL STADIUM

PASADENA, CA